

Women Supporting Women

A free, confidential, and supportive drop-in group for women who have, or currently are, experiencing abusive or unhealthy relationships.

Tuesdays
1:30 - 3:00pm
417 Bagot Street,
Kingston, K7K 3C1

Art Journaling

August 7

**Vision Board Around
Self-Compassion**

August 14

Topic: TBA

August 21

Peer Support

August 28