



## **Roadmap to Wellness KFL&A Family Advisory Committee**

# **Strong Voices, Strong Families: A Feedback Series**

**All families have been impacted by the pandemic.  
How can the child and youth mental health system help you and your family?**

**When:** Thursday October 20, 2022

**Time:** 6:30 pm to 8:00 pm

**Where:** Zoom (link will be sent day of event)

**Register:** \*\*EVENTBITE\*\*

**Cost:** Free

The Roadmap To Wellness KFL&A Family Advisory Committee (FAC) is holding a 90 minute virtual forum via Zoom on Thursday, October 20 from 6:30 pm to 8:00 pm at no cost.

Participate in break out rooms with members of the FAC. Share your experiences with child and youth mental health services during the pandemic. Provide input on what your family needs to feel better.

The three questions to be discussed:

1. How did the pandemic effect your family's mental health?
2. What child and youth mental health support worked or did not work in meeting your family's needs?
3. In an ideal world, what would services look like to meet your family's needs?

Please note this event may include personal stories of past trauma which may be upsetting to some. Participants are encouraged to share their experiences while maintaining the confidentiality of those involved.

Questions regarding the event can be sent to Daniella Good at [dgood@maltbycentre.ca](mailto:dgood@maltbycentre.ca)

We acknowledge that Maltby Centre is situated on Traditional Lands of Anishinaabe and Haudenosaunee. We are grateful to be able to live, work, play and support our community on these lands.